

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/01/2018																
BREAKFAST K-12	Total	10														
BREAKFAST BAGEL SANDWICH	SERVING	10	455	233	1085	4.00	20.35	452.4	12398	0.0	*2	23.94	70.77	9.98	3.55	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			623	235	1194	5.54	*20.64	*615.4	*12769	*16.93	*6	28.44	107.92	10.11	3.58	*0.00
% of Calories											*3.9%	18.2%	69.2%	14.6%	5.2%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Fri - 02/02/2018																
BREAKFAST K-12	Total	10														
FRENCH TOAST	1 EACH	10	158	78	251	1.21	1.91	109.9	167	0.06	4	7.31	22.72	3.94	1.31	0.04
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING	10	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
SAUSAGE PATTIES	2 ea.	1	196	62	431	0.00	0.84	7.7	34	0.0	*N/A*	12.71	0.0	15.78	4.23	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			372	87	454	2.75	*2.28	*273.7	*541	*17.00	*8	13.08	64.93	5.65	1.77	*0.04
% of Calories											*9.1%	14.1%	69.9%	13.7%	4.3%	*0.1%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/05/2018																
BREAKFAST K-12	Total	10														
BREAKFAST BURRITO W/ SALSA	1 BURRIT	10	211	211	578	2.03	2.99	94.7	515	7.95	*2	10.94	22.29	8.44	2.87	*0.04
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			380	214	687	3.57	*3.28	*257.8	*886	*24.88	*7	15.44	59.44	8.57	2.90	*0.04
% of Calories											*7.2%	16.3%	62.6%	20.3%	6.9%	*0.1%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Tue - 02/06/2018																
BREAKFAST K-12	Total	10														
GRILLED CHEESE BFAST SANDWICH	SERVING	10	284	224	612	0.00	18.04	411.1	12398	0.0	*4	14.17	30.62	8.07	3.41	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			453	226	721	1.54	*18.33	*574.2	*12769	*16.93	*8	18.66	67.76	8.20	3.44	*0.00
% of Calories											*7.2%	16.5%	59.9%	16.3%	6.8%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/07/2018																
BREAKFAST K-12	Total	10														
EGG, HARD-BOILED, 1 EA	1 EACH	5	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Cereal, Malt-O-Meal	.5 Cup	5	65	*0	*3	0.50	5.41	51.9	*0	*0.0	*N/A*	2.5	13.5	0.25	*0.00	*N/A*
BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	5	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM, CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			265	*96	*144	1.79	*3.47	*201.5	*500	*16.93	*5	8.89	50.20	2.91	*0.85	*0.00
% of Calories											*7.2%	13.4%	75.8%	9.9%	*2.9%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/08/2018																
BREAKFAST K-12	Total	10														
BLUEBERRY CR. CH. PASTRIES	SERVING	10	103	28	62	0.46	1.29	28.8	969	0.37	*6	1.77	10.25	6.47	3.39	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM, CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			271	31	171	1.99	*1.58	*191.9	*1339	*17.31	*11	6.26	47.40	6.60	3.42	*0.00
% of Calories											*15.5%	9.2%	69.9%	21.9%	11.4%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/09/2018																
BREAKFAST K-12	Total	10														
KANGAROO SANDWICH	SERVING	10	167	213	264	1.03	17.33	294.7	12257	0.07	*0	9.8	19.61	6.31	1.73	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			336	216	373	2.57	*17.61	*457.8	*12627	*17.00	*4	14.30	56.76	6.44	1.76	*0.00
											*5.3%	17.0%	67.6%	17.3%	4.7%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Mon - 02/12/2018																
BREAKFAST K-12	Total	10														
SCRAMBLED EGG-2 ea(4 oz)	serving - 2	10	143	372	142	0.00	1.75	56.0	540	*0.0	*0	12.56	0.72	9.51	3.13	0.04
BACON, PRECOOKED	2 SLICES	10	45	10	125	0.00	0.00	0.0	0	0.0	0	3.0	0.0	3.5	1.50	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
	-4 OZ															
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			357	385	376	1.54	*2.04	*219.1	*910	*16.93	*5	20.06	37.87	13.14	4.66	0.04
											*5.4%	22.5%	42.5%	33.2%	11.8%	0.1%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Tue - 02/13/2018																
BREAKFAST K-12	Total	10														
SAUSAGE GRAVY	1/2 Cup	10	114	14	171	1.01	0.69	162.0	312	*0.64	*6	10.44	12.76	2.56	0.87	*0.00
BISCUITS: PLAIN,	2 OZ	10	170	0	280	2.00	*N/A*	*N/A*	0	0.0	*N/A*	4.0	27.0	5.0	5.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
	-4 OZ															
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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NMSVH

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

BREAKFAST K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			452	17	560	4.55	*0.97	*325.0	*682	*17.58	*10 *9.3%	18.94 16.8%	76.91 68.0%	7.69 15.3%	5.90 11.7%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Wed - 02/14/2018																
BREAKFAST K-12	Total	10														
WAFFLES, HOMEMADE SYRUP,PANCAKE & WAFFLE, SF,PC	1/2 Each SERVING -2 OZ	5	107	25	339	1.25	0.74	50.3	230	0.33	*2	3.76	14.58	3.91	0.89	*0.00
CREAM OF WHEAT BROWN SUGAR MELT-OATMEAL TOPPI	1/2 CUP PACKET	1	60	0	169	0.69	5.52	121.2	0	0.0	0	1.92	12.1	0.23	0.04	0.00
FRUIT, CHOICE JUICE, ASSORT (APL,O/P,GR)	1/2 CUP SERVING -4 OZ	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT HALF PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
		5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			236	15	301	2.23	*1.24	*200.3	*485	*17.10	*5 *8.9%	6.57 11.1%	47.36 80.4%	2.11 8.1%	0.49 1.9%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Thu - 02/15/2018																
BREAKFAST K-12 ENGLISH MUFFIN BREAKFAST SANDW	Total 1 EACH	10	276	241	694	5.00	18.17	338.0	12336	0.0	*1	18.6	29.28	11.57	5.17	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT HALF PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
		5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			444	243	803	6.54	*18.46	*501.1	*12706	*16.93	*5 *4.8%	23.09 20.8%	66.43 59.8%	11.70 23.7%	5.21 10.5%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/16/2018																
BREAKFAST K-12	Total	10														
FRUDEL, CHERRY	1 EACH	10	210	*N/A*	280	2.00	1.08	*N/A*	*N/A*	*N/A*	*N/A*	5.0	36.0	6.0	1.50	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			319	*3	372	3.54	1.37	*163.1	*370	*16.93	*4 *5.6%	9.50 11.9%	58.15 73.0%	6.13 17.3%	1.54 4.3%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Tue - 02/20/2018																
BREAKFAST K-12	Total	10														
OATMEAL, BLUEBERRY BAKE	SERVING	10	187	63	302	3.36	1.30	89.3	188	11.1	*2	6.79	33.09	2.94	0.72	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			356	65	411	4.90	*1.58	*252.4	*558	*28.03	*7 *7.4%	11.29 12.7%	70.24 78.9%	3.07 7.8%	0.76 1.9%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/21/2018																
BREAKFAST K-12	Total	10														
EGG,HARD-BOILED, 1 EA	1 EACH	5	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
SAUSAGE PATTIES	2 ea.	5	196	62	431	0.00	0.84	7.7	34	0.0	*N/A*	12.71	0.0	15.78	4.23	*N/A*
Cereal, Malt-O-Meal	.5 Cup	5	65	*0	*3	0.50	5.41	51.9	*0	*0.0	*N/A*	2.5	13.5	0.25	*0.00	*N/A*
BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	5	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			363	*127	*359	1.79	*3.89	*205.4	*517	*16.93	*5	15.25	50.20	10.80	*2.97	*0.00
% of Calories											*5.2%	16.8%	55.3%	26.8%	*7.4%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/22/2018																
BREAKFAST K-12	Total	10														
BREAKFAST PIZZA	PIECE	10	210	15	480	3.00	1.80	150.0	300	0.0	*N/A*	10.0	27.0	8.0	2.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			319	18	572	4.54	2.09	313.1	670	16.93	*4	14.50	49.15	8.13	2.04	0.00
% of Calories											*5.6%	18.2%	61.7%	23.0%	5.8%	0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/23/2018																
BREAKFAST K-12	Total	10														
SAUSAGE AND PANCAKE ON A STICK	1 EA.	10	230	15	430	1.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	9.0	23.0	12.0	3.00	*N/A*
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING -2 OZ	1	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			401	18	544	2.54	*8.29	*163.1	*370	*16.93	*4	13.49	60.66	12.13	3.04	*0.00
% of Calories											*4.4%	13.5%	60.5%	27.2%	6.8%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Mon - 02/26/2018																
BREAKFAST K-12	Total	10														
BISCUIT SANDWICH W/HAM	Sandwich	10	279	208	1074	0.46	2.62	142.6	393	0.0	*1	19.38	20.48	12.8	3.57	*0.02
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			447	211	1183	1.99	*2.91	*305.7	*763	*16.93	*6	23.87	57.63	12.93	3.61	*0.02
% of Calories											*5.3%	21.3%	51.5%	26.0%	7.3%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/27/2018																
BREAKFAST K-12	Total	10														
EGG, SCRAMBLED-2	EGG-2 eac	10	144	424	140	0.00	33.12	520.0	24400	*0.0	*N/A*	12.58	0.78	9.94	3.10	*0.00
BACON, PRECOOKED	2 SLICES	10	45	10	125	0.00	0.00	0.0	0	0.0	0	3.0	0.0	3.5	1.50	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			358	437	374	1.54	*33.41	*683.1	*24770	*16.93	*4 *5.0%	20.08 22.5%	37.93 42.4%	13.57 34.2%	4.64 11.7%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Wed - 02/28/2018																
BREAKFAST K-12	Total	10														
PANCAKE, BUTTERMILK, KRU STEAZ	.5 CUP B ATTER	5	199	*0	579	1.99	1.80	100.9	0	0.0	*N/A*	6.96	38.79	1.99	0.50	*0.00
SAUSAGE PATTIES	2 ea.	5	196	62	431	0.00	0.84	7.7	34	0.0	*N/A*	12.71	0.0	15.78	4.23	*N/A*
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING -2 OZ	5	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
OATS, QUICK, QUAKER-1/2 CUP	SERVING -1/2 CUP	1	121	0	6	3.22	1.47	3.8	0	0.0	*N/A*	4.02	21.72	2.41	0.40	*0.00
BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	1	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			396	*34	640	2.85	*1.79	*217.7	*387	*16.93	*4 *4.5%	14.74 14.9%	62.45 63.1%	9.26 21.0%	2.44 5.5%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Weighted Average			376	*141	*539	3.07	*7.64	*322.2	*4454	*18.01	*6 *14.5%	15.60 16.6%	59.44 63.2%	8.38 20.0%	*2.90 *6.9%	*0.01 *0.0%
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Portion Size Reimb Qty Cals (kcal) Cholst (mg) Sodm (mg) Fiber (g) Iron (mg) Calcm (mg) Vit-A (IU) Vit-C (mg) Sugars (g) Protn (g) Carb (g) T-Fat (g) S-Fat (g) Tr-Fat¹ (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	376		450	84%		74		Correction Required - Calories are Low
Cholesterol (mg)	141				Missing			
Sodium 1 (mg)	539		1000		Missing			Correction Required - Fiber is Low
Sodium 2 (mg)	539				Missing		539	
Fiber (g)	3.07		8.67	35%		5.60		
Iron (mg)	7.64		2.50	306%	Missing			
Calcium (mg)	322.2		200.00	161%	Missing			
Vitamin A (IU)	4454		625	713%	Missing			
Sugars (g)	6	6.42%			Missing			
Vitamin C (mg)	18.01		11.25	160%	Missing			
Protein (g)	15.60	16.59%	6.00	260%				
Carbohydrate (g)	59.44	63.21%						
Total Fat (g)	8.38	20.04%	<=30.00%					
Saturated Fat (g)	2.90	6.93%	<10.00%		Missing			
Trans Fat ¹ (g)	0.01	0.02%			Missing			

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